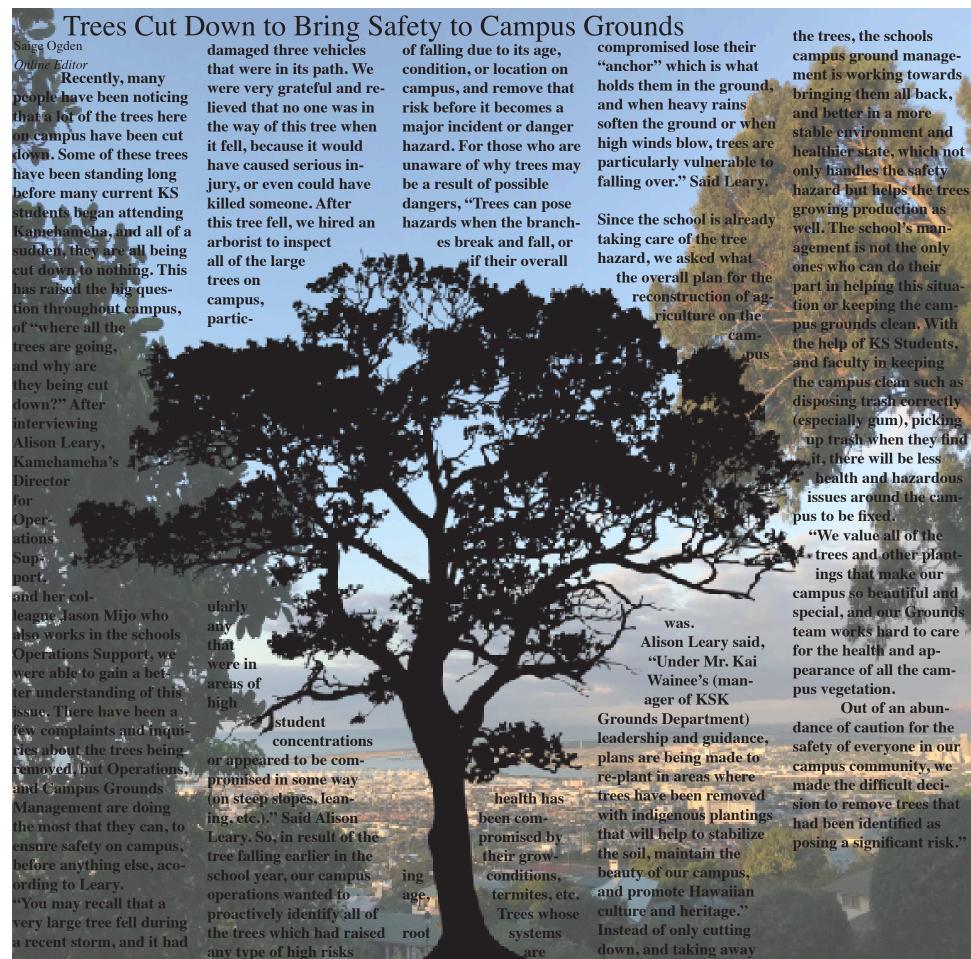
Kamehameha Schools Kapālama Campus Volume 94 Issue 3 February 2019 Tebruary of the summer of the To me his hapale? alexander mai ma où tore gan stands for a the That the ola, i ka 'olelo nō ka make Pro Majage du trouped 4 PGS. 6-7 That he was acting the law Ekolu a'u delo pu ama Three times have I shall the strength was Visit Our Website: kamoi.net COURTESY OF Instagram & Twitter: @ka_moi



Uncle Danny Remains Firm in olelo Hawai'i, Even During Recent Arrest

Marley Samio Staff Reporter

Uncle Daniel Anthony has been fighting for Hawaiian language rights in the judicial system since he was 19 years old.

His first case was dismissed by the judge because he introduced himself in Hawaiian. In 1978, one of the main reasons why the state made Hawaiian an official language is because from 1959-1977, Hawai'i was the only state in the US operating every day using a foreign language.

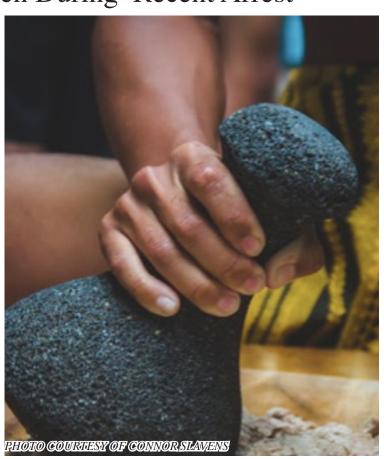
Anthony questions, "How can you enact justice when you don't know the legal language?" He adds, "Could you live one day without using the Hawaiian language? If you don't know that Honolulu

means calm bay, then you wouldn't know what to call it without 'ōlelo. So, if I ask you where you going? You wouldn't even know. You'd have to say it in 'ōlelo because you don't know what the translation is in English. So, these foreigners, every time they use our language they make it less 'mana-ful' because they have no idea what they're saying. They strip the literal meaning."

Anthiony shares the importance of the Hawaiian language in his life, "You know how I would live being one mahi'ai making pa'i 'ai for a living without 'ōlelo Hawai'i? You think that I can prove without a reasonable doubt that it's impossible for me to exist without 'ōlelo Hawai'i?

Because I know that I can prove it; I can't exist without it!"

The very first Ku'i at the Capitol was established on Jan. 19, 2011. The Hawaiian people used this event to positively influence all legislators in the State of Hawai'i with "aloha and Hāloa." For the past nine years, Ku'i at the Capitol was used to educate and provide an "intimate, meaningful and civil experience" for the current and future leaders of Hawai'i. Two weeks prior to the annual event this year, Uncle Daniel Anthony, the main organizer of Ku'i at the Capitol got permits to facilitate an imu on 'Iolani Palace grounds. On January 15, Uncle Daniel was making the turn off of Richard



Anthony shares that without 'ōlelo Hawai'i he could not exist.

Uncle Danny Continues on pg. 8

>>> >>> >>> NEWS

The Price of Pledging to Develop Our Potential

Sarah Santos Features Editor

Twenty-six credits, extracurriculars, APs, and Honors mix with the overwhelming teenage need to have some semblance of a social life and the looming threat of college admissions boards and their "holistic" viewing lenses.

This is high school in 2019. The fact that two thirds of Kamehamehans face long traffic-laden commutes and one third must spend four developmentally crucial years away from their homes and families exacerbates a dire sitauation. The high school

student offers Goldilocks conditions for a case of nagging chronic stress. According to

logs assigned weekly to juniors and seniors, the average student at Kamehameha sleeps 5 out of the 9 minimum hours recommended and rates their stress at 7 on a 1-10 scale. One student said that the "only way [they] can get through the day is by drinking caffeine, coffee, anything that keeps me awake." The same student described feeling as if they were "burning out" and referenced struggling in a class in which they felt a teacher "didn't understand" [them].

Such sentiments are widespread. Kristopher Marr, grade level counselor for the senior class, has witnessed a crop of 225 or so students cycle through high

school

and all

of its stressful crevices and corners. Freshman year, said Marr, is typically marked with social anxiety as students transition and struggle to "fit in"-particularly in the cases of boarders. The upperclassman years are occupied with relationship struggles, as well grief concerning GPAs and the looming threats of college and adulthood.

Marr, while acknowledging the stresses that come along with high school and adolescence, remarked that students also tend to make 'bad choices that lead to really unhealthy chronic stress." Bad choices range from friendships and romantic relationships to drugs and conscious choices to neglect studying and school work. Marr said he has seen "everyone," "a full spectrum" of kids, coming to him regarding stress. A lot of these students are AP students that frequently average above 4.0.

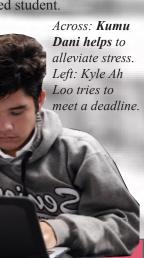
"I advise kids not to take a ton of APs, but some people define themselves as being [overachievers]," said Marr.

Despite the prevalence of stress at school, students do have options for stress management. Counselors are available for the express purpose of aiding students, and teachers/other faculty/staff members are also excellent resources for the stressed-out student. Marr personally recommends meditative techniques, which he teaches in a weekly mindfulness group with Mina Casey-Pang, Outreach Counselor. One member of the group, who spoke only under the condition of anonymity, described it as "a seminar where we learned a new technique or method each time we met. such as coping mechanisms or mindfulness listening." This student expressed a de-

sire for a "group-therapy type situation" in order to aid with emotional/academic stress.

In an earlier Ka Moi edition, Po'okumu Debbie Lindsey, stated that homeroom could also be that place to relieve stress. She stated that homeroom could provide "academic support or counseling" or even "guidance."

In accordance with the epidemic of extreme stress, Ka Mō'ī profiled 3 high school students to bring an in-depth look at the ups, downs, and in-betweens of the stressed student.



How Do Students Deal With Stress?



Daniel Senas Grade 12

Daniel Senas' trusted companion is constant and faithful: a red 32 oz Hydro Flask that he fills with coffee each morning. He pairs it with a can of Monster Energy, purchased each day before he begins his commute by way of the city bus to campus. "I have no personality without caffeine," said Senas, who regularly stays up until 3-4 AM, finishing homework. The school days ahead are understandably long. Senas, however, shrugs it off: "I have no trouble paying attention. I love learning." A love for learning is a prerequisite for his course load: 4 APs, 1 Dual Credit, and math, which he already filled the credit requirement for. "I wanted to challenge myself. I feel a need to prove myself. My peers take heavy course loads, and I feel left out if I'm not [taking heavy course loads]." Senas spends

his frees with his peers and teachers, either getting study help or relaxing. The primary topic of conversation: politics, or as Senas referred to them "national gossip." When the school day ends and the caffeine supply is depleted, Senas catches the bus home and arrives around 5 PM. He allots himself one hour to nap. Homework, his least favorite part of the day, begins around 7 PM. "I hate homework. It's not engaging, and I feel like most of my homework doesn't help me to learn," said Senas. There is no escape, however. "I go to sleep when I finish my homework, which has been anywhere from 3-4 AM lately." One hour of sleep lies between these arduous academic sessions and the start of a new day.



Grade 12

Connor Kalahiki is the kid that rallied for student votes, the student that took complaints about Dual Credit and PE mandates to administrators, a Po'okula's Ambassador, a devout academic and longtime math team member. His days are marked by early morning swims in Kalaniopu'u pool, a rotation of club meetings, and a job at the Bishop Mueseum. Free time is spent at the Hawaiian Pacific Collection-"I try to do homework, but that doesn't always happen. I talk to [the aunties] a lot, about politics, about life," he said. Sometimes he's lucky and only has about half an hour of homework. On other nights, said Kalahiki, he's had up to 5 hours of homework. However, Kalahiki does his best to sleep at least six hours and eat every day. Despite his relative success in maintaining a healthy, productive lifestyle in the 2018-2019 school year, Kalahiki speaks of a time in sophomore year when he averaged one to two hours of sleep a night. His grin, however, is wry as he declares the lost sleep "worth it"—"I finished with the highest grade." Just last school year, in his junior year, Kalahiki fell ill in November 2017 and didn't make a full recovery until April 2018. He missed the entire month of February and struggled to maintain his third quarter grades. "I wrote about eighteen essays and took five to eight quizzes/tests in the last week of the quarter. I didn't sleep." Kalahiki said his resolve to sleep and eat more this school year was a result of the "realization that lack of sleep and inattention to health [last school year] led to me basically dying." Despite the struggle, sickness and strife, Kalahiki says he "wouldn't change a thing," as his rigorous high school experience got him into his top choice college, Brown University.



Camille Slagle Grade 11

Camille Slagle is a picturesque overachiever, an inspiration for all that strive to be the best. "I think I got a B+ in second semester math in freshman year," she said, "I never heard the end of that from my parents." Besides schoolwork, Slagel plays soccer for the school team, AYSO, and club She referees for work on Sundays. Despite the success of her academic and athletic life, sacrifices must be made. "I get four to five hours of sleep on a good night, six if I'm lucky," she said. "I survive off of energy drinks. My personal record is four in one day," Slagle said, shrugging off the severity of her statements with a smile. Orchestra, a pastime of Slagle's since fourth grade, has also fallen victim to her academic and athletic pursuits. "There are just so many required credits. and I have to knock some out. I didn't have room for orchestra in my schedule." Slagle's schedule is tight, despite her yearly enrollment in summer school. Scheduling problems have also prevented her from taking AP Government next year, a class she is "really interested in." "I have never not been stressed," Slagle said "Stress is just part of my day-to-day, it's like a routine." Despite the rigorous nature of her life, Slagle manages to find peace in the Creative Metals and Glass course, which she currently enrolled in for the third time, and plans to take it twice next year. "I love that class," said Slagle. "I need that one class to keep me sane." Slagle also holds ambitions of going into science, a field she loves, and plans to take both AP Biology and AP Chemistry next year,

despite her already rigorous schedule.

All Photos by Cole Turner

A Minority Times Two: Bisexuality in the LGBQ Community



Discrimination lies deep with the flag of the bisexual community. Emily Akau

Staff Reporter

The LGBTQ+ community is home to a spectrum of individuals, but bisexuality still remains a widely misunderstood sexual orientation.

Bisexuals are often said to be confused, secretly gay or "going through a phase." In truth, bisexuality is a valid sexual orientation proven by multiple studies. A study published in the Archives of Sexual Behaviors includedparticipants as they viewed photos of men and women. Researchers recorded how long the participants studied the photos. Participants who identified

as bisexual spent an equal amount of time studying pictures of both sexes, while gays and lesbians looked at pictures of their desired sex for much longer. This study found that bisexuals were attracted to men and women in comparison to participants who identified as heterosexual, gay or lesbian.

Homophobia affects members of the LGBTQ+ community on a day to day basis; however, bisexuals receive biphobic slurs and violence from heterosexuals, and even gays and lesbians. According to a survey conducted

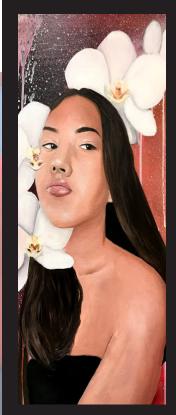
by Broadly, bisexual men and women who chose not to disclose their sexuality to their partner did so for fear of rejection, agression or intimidation. These fears keep bisexuals from fully coming out of the closet, instead choosing to live among the shadows. This is why they find themselves a minority in the one community where acceptance is prevalent.

In Kamehameha Schools Kapālama, the LGBTQ+ community is supported by students and staff; nevertheless biphobia remains a hidden issue at this school. According to LGBTQ+ community members, more students on this campus may actually identify as bisexual instead of strictly gay or lesbian. If bisexuals are the majority here, could biphobia also be a recurring issue here at KS? According to 2013 Pew ResearchCenter data, bisexuality is further misunderstoond because people of this sexuality

are often seen with people of the opposite sex, thus making them appear heterosexual, causing them to remain closeted. Another issue bisexual teens face is the dating scene. A KS senior girl said, "It's hard to date someone that views my sexuality as a chance for an open relationship. Due to this I say, I'm straight or gay depending on who I'm dating at the time so I don't face any problems."

For these reasons, bisexual people may use "gay" as the umbrella term so they do not face the dreaded "it's just a phase," biphobia, or dates gone wrong.

In this day and age where people of the same gender can legally love and marry in all fifty states, why is it unacceptable for an individual to love and be attracted to both genders?





Backstage

Malia Liashenko Staff Reporter

To be in performing arts requires on to face to realities of performing. In preparation for the upcoming spring production, Into the Woods, theater held auditions prior to winter break.

Those interested in theater

are casted in production in

accordance with their auditions, consisting of a song and a monologue. Depending on the person, audition experiences vary. When some of the Advanced Theater students were questioned about their audition experience, many of their answers were similar. Students either seemed to be incurably nervous, or excited for what lay ahead. "I was just like really stressed when I went in. I

didn't want anyone else to

come in. I messed up on

my monologue because

I was so nervous," said Kukahi Brun a senior. Ryan Ogino, also a senior experienced a different set of emotions. "Auditions were really fun," said Ogino, who enjoyed "singing the songs with everybody." "It didn't feel like a competition for our roles, it didn't feel like that to me at all. It kind of felt more like I know everybody here, it's more like a family figuring out roles they need to be. No hard feelings. It was a really welcoming environment and I loved it," said

Ogino.

Some students are used to auditions. Those who have had prior experience already know the nature of auditions and are therefore less frightened. To new performing arts members, however, auditions can be particularly daunting. Performing arts student must come to the realization that decisions, at times, are out of our control. When faced with challenges, they must choose to overcome them. The possibility of rejection and failure is part of the package.

Artsist of the Month: Marika Higgins Saige Ogden

Online Editor

Marika Higgins, a senior at Kameha<mark>meh a</mark> Schools, has established herself as an artist throughout the years as her many works of art have been shown both on and off campus.

Marika creates many different forms of art, such as drawing, painting, sketching, metals and glass, and recently, ceramics. She enjoys painting the most, because she likes how abstract her paintings

Her personal favorite when taking all of her work into consideration is a painting featuring her own face and a red Heliconia, completed in 2018. She considers her greatest accomplishment in art to be her two Silver Key awards from the Scholastic Art and Writing competition in 2017.



Most, or all artists, have some type of inspiration that helps to spur their creativity. "My inspiration is nature. Where I live, there is a lot of beauty, and I like to be able to take all of it in," shared Marika. "I also like to listen to some mellow music, eat snacks, light incense, and admire my art tools along with opening my window, which looks out into nature. I usually brainstorm in a sketch book or even

a Post-It note before painting anything." Marika also draws inspiration from her fellow artists. She looks up to Charmaine Olivia, an artist she discovered on Instagram.

Although Marika plans on continuing artwork for personal enjoyment, she also plans on selling some of her art pieces on the side. She hopes to get into graphic design and business to help others by means of her art.







Tweets of the Month



Myrtes Message Who said it wasn't ok to be fat?

Shaniya Sakurada Staff Reporter

ociety continues to have a large impact on the self-esteem of teens, especially when it comes to their size. Not only does this occur on social media and in school, but also at home. Growing up, I was always told that being overweight was ugly. There was a point in time when my family members would mention my weight growing up and they constantly compared me to my other cousins and sisters. It happened more than once in my household and as a child I wasn't ready to speak up for myself, especially against people whom I thought would love me unconditionally no matter what my size was. Even till this day my actions and thoughts are affected by the mental and emotional scarring left behind by any person who commented on my physical appearance. Especially when it comes to showing myself to the public.

Before 2016, diversity of size in our society was not a thing. It was only in very recent years that being plus size has become 'okay.' Where I am now with my view on my weight? I personally find it hilarious when people crack a 'fat' joke, then they notice that I'm sitting there, giving them the 'eyes'; they kind of gasp and move on to the next subject.

It's odd how being 'fat' was made an offensive term, when in reality, it's just a way to describe something. I've come to realize more and more every day that my weight is not an imperfection, but rather a part of me that makes me who I am, which is someone who can crack jokes about being fat or a girl who loves food. It's a hard journey of understanding who you are, don't let your size be the reason that's holding you back from doing something great.

I literally can't relate to all the hype about 2019. Like I've been waiting for the year since kindergarten and all of a sudden it's finally here?

@KawaiAkiona Kawai Akiona, 12

My favorite struggle meal was a nap.

@EzraEvaimalo Ezra Evaimalo, 11

Love is always stronger than pride. If they can't put theirs aside, it ain't love

@Harleykeiks Harley K. Wolfe, 12 Nothing feels better than watching my friends succeed

@lucykanoelehua Lucy Lee, 12

Kamehameha's 3.0 is a public school's 4.0, don't @ me.

@haolehaynb Chadelle Gregory, 12

Give me airpods or give me death

@69MAHEA420 Mahea Aki

Love getting into school into Chicago then finding ut Chicago is -50 degrees

@HokupaaM Hokupa'a Melin

Favorite thing to do is stare at my laptop like its gonna do my homework for me. Then close it and go to

@QueenKahea Kahea Burns

Follow Us On Twitter! @Ka_Moi

The Hawaiian keyboard

didn't even know existed

will correct words to ones I

@Gvccimink Kūmālie Dias-Blake

When Do We Have The Time?



Even talented math team students feel the stress of homework while working on campus.

Taylor Cozloff Arts & Entertainment Editor

On the first day back from Christmas break. as I talked to friends all I heard were complaints and dread of the stress that comes with third quarter. Because of the hectic Song Contest schedule coming up, homeroom is taken over by rehearsals and a valued time to do homework is also taken. And after three weeks of a mostly homework free break, knowing that every minute of our free time at night for the remaining months until summer will be dedicated to strictly homework, students are stressed.

According to a 2013 survey done by the University of Phoenix, an average high school teacher gives about three and a half hours of homework a week to their students. This means that, if most Kamehameha students have six classes, students have an average of twenty-one hours of homework a week. And, if you divide that by a five-day school week,

students have to do roughly four hours of homework a night. Of course, this is just an average taken from a survey of 1,000 teachers, and most students on campus can attest that here at Kamehameha, the amount of homework students are given is considerably great-

Assuming that the average is true for students here at Kamehameha, when do we actually have time to finish all twenty-one hours of homework we are given? It feels like there isn't enough time in the day with all the things students at Kapālama have on their plate.

Our school has an incredibly diverse student population. The two-thirds day student population come from all over the island. And because these students come from all over O'ahu, it means that up to four hours of our limited time to finish assignments in a day is spent travelling from home to school and back in the horrendous O'ahu traffic.

Along with trans-

portation, sports and other extracurricular activities take up more of our time. A good majority of the population at Kamehameha takes advantage of the plethora of choices of extracurricular activities that our school provides to do the things we love. But these things mandate that students spend time after school to practice or participate in the extracurricular. Of course, we don't have to participate in these time-consuming activities, but with college admission becoming more and more competitive, it seems that participating in extracurricualars is seemingly becoming mandatory. Furthermore, these activities are things that students love to do, and things that we don't want to give up, even if it means utilizing more of the already little time we have for doing homework.

It seems the only time left to complete homework may be the two to three hours of free time at night, but that would mean compromising the recommended 8-10 hours

of sleep that high school students should be getting.

I'm not saying that homework is horrible or that we shouldn't have homework all together; I understand that there are proven benefits of giving students homework. But as a student, when I finally finish my homework at night and realize that I only have three hours left to get sleep, after skipping lunch to finish an assignment or spending my entire frees doing homework, it seems as if homework isn't a way of helping me better understand a subject, or a way to practice, but has become simply a means of passing a class.

The benefits of homework seems pointless when all it appears to do is add stress on students like me and keeps us from having any sort of a normal sleeping schedule, or social life.

That being said, I think that the amount of homework we students here at Kamehameha receive every night is overwhelming and, quite frankly, ridiculous. School shouldn't feel like this; it shouldn't impede on our right to get a healthy night of sleep or cause high stress levels. Homework is supposed to help, not cause more dam-

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Mahina 'Olelo

Hawai'

Keanu Rowe Opinions Editor

Hawaiian History Month, otherwise known as Mahina 'Ōlelo Hawai'i within the Hawaiian Language, occurs all through the month of February and will be both perpetuated at Kamehameha Schools and all throughout Hawai'i.

The Hawaiian Language has had a turbulent history, but has persevered and has continued to acquire interest and enthusiasm. Prior to contact from the American Missionaries in 1820, the transmission of culture and traditions was done orally through the Hawaiian Language. However, the arrival of the American Missionaries changed things as the Hawaiian populace, exemplified by the alii class to the maka'āinana, anxiously grasped the idea of literacy as they con-

allowed Hawaiians to both read and write.

This eventually contributed to the first published book in 1822 with the help of both the literate Hawaiians and the missionaries: the "pī'āpā" which served as an educational meant that despite the tool that could teach Hawaiians the alphabet and begin that process of literacy. By 1831, 1,103 school houses had been built and financed by the Hawaiian Government. The expansion within the islands only of the literacy initiative reached its pinnacle when by the year 1834, literacy rates among Hawaiians reached a level of 91-95% according to a webpage on ksbe.edu. This was exemplified through Kaui- Language had previkeaouli or Kamehameha ously made. With the III's famous saying, "He aupuni palapala ko'u", which translates to "My Kingdom is one of literacy." However, population decline only

plagued the kingdom. According to Pew Research, it was estimated that by 1840, the Native Hawaiian Population had declined nearly 84 percent since the arrival of Captain Cook in 1778. This ultimately advances that had occured in literacy and language, the number of speakers took a hit.

Furthermore, American presence and political turmoil continued to grow. This culminated in 1893 when the Kingdom of Hawai'i was illegally overthrown. This proved to be a detriment to the advances that the Hawaiian current regime being mainly haole (white or foreign) businessmen, the Hawaiian Language would later be banned in 1896. The individu-

"A reason was to get people reading. It doesn't matter what people read, just read. It's also important to get people excited about reading so if we did titles that people are excited in, they are more likely to read, and so far that has proven to be true."

Historically, Hawaiians have been known for their high literacy. As a matter of fact, Hawaiians had a literacy rate of 91-95% by 1834 according to a ksbe.edu webpage. As for Hawaiians ever returning to this apex literacy, NeSmith said, "I do. This connects to what I was saying about the importance of just

als who learned Hawaiian as a native language at the end of the nineteenth century would most likely be last, except for small communities on Ni'ihau.

Although the future for the Hawaiian language was dim, a renaissance and revival would later occur within the 1970's, reviving the language for a new generation. Among the major accomplishments that occurred were the state convention in 1978 which made the Hawaiian Language an official language of Hawai'i, and the establishment of the 'Aha Pūnana Leo, or **Hawaiian Immersion** Preschools. As a result, February would then go on to be known as it is today as Hawaiian History Month.

When asked how the Hawaiian Language can be practically perpetuated he

reading. And if by plugging these titles that the mainstream literary community knows, and that gets Hawaiians excited about reading, then we potientally hit a vein, maybe even an artery."

With the help of individuals like Keao Ne Smith, Hawaiians' return to the literacy

at Kamehameha Schools, Director of Hawaiian Culture Based Education, Robert Lono 'Ikuwā, stated, "Music is such an integral part of our cultural and educational experience here at Kamehameha. The potential of music to inspire the next generation to feel, think, and communicate in Hawaiian is powerful and it's already happening on campus! Aole kakou e poina he mana ko ka olelo, a ua pa'a no ia ma ka meiwi Hawaii. Nana no e hoolokahi, ho'opaipai, a hoohawaii ia kakou iho."

With the progress that the Hawaiian Language is making and with the help of education, music, and other mediums, returning to that point of literarcy in 1834 does not seem too far fetched.

rate in 1834 could become a reality.

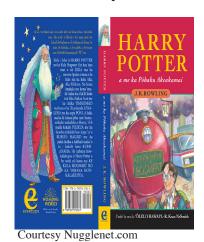


Photo Courtesy of Kau'i.com Ne Smith, who teaches Tahitian courses at the University of Hawaii, translated Harry Potter into Hawaiian in six weeks, according to the University of Hawaii News.

An Interview With Keao NeSmith

Keanu Rowe Opinions Editor

Have you ever read fiction classics such as *The Hobbit by* J.R.R Tolkien, *Harry* Potter and the Philosopher's Stone by J.K. Rowling, or The Won*derful Wizard of Oz* by L. Frank Baum?

What if these classics were translated into the Hawaiian Language? Ideas such as a wand, the Shire, or the Yellow Brick Road would be seen in a whole new perspective.

Well, that has become a reality with

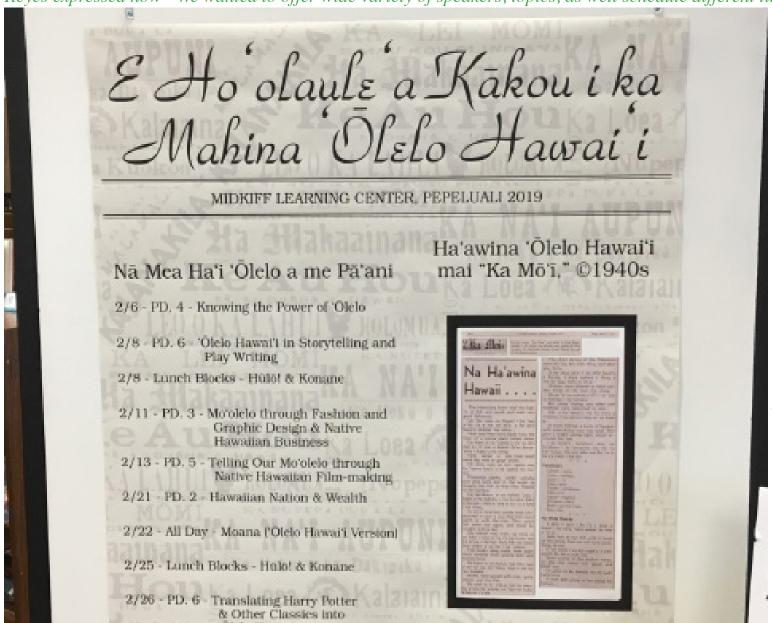
a whole new perspective with the help of Author Keao NeSmith a Native Hawaiian born and raised on Kaua'i. He has spent time on numerous Polynesian Islands as well.

NeSmith, who teaches at the University of Hawaii, has a PhD in applied linguistics and has used his knowledge to both create stories and translate the famous fiction classics mentioned above.

When asked why he decided to translate those novels, he said,

KA MAHINA 'ŌLELO HAWAI'I AT KAMEHAMEHA

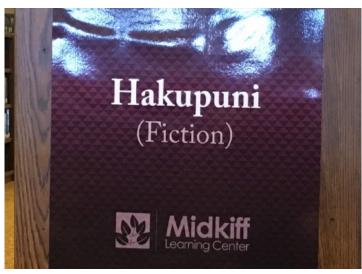
Because it is Ka Mahina 'Ōlelo Hawai'i, there are many festivities here at Kamehameha Schools that will allow students to both engage and perpetuate the Hawaiian Language. In an interview with Dr. Ku'ulei Reyes and La'akea Cumberlander, Reves expressed how "We wanted to offer wide variety of speakers, topics, as well schedule different times so that all of the



slots are not just within one period. We wanted to take a look at various aspects of 'Ōlelo Hawai'i such as with author Keao *NeSmith for example,* and how not only we can use 'Ōlelo Hawai'i as a medium, but also beyond that. I was mainly interested in modern Hawaiians and how they have used their culture and their language. I hope that these sessions can allow people to start thinking, questioning, and talking about things. If people leave with more questions, that's a good thing in that that's what our kūpuna did and talked about."

at the entrance of Midkiff. Various displays of 'Olelo Hawai'i can also be found throught the Learning Center

PHOTO COURTESY OF COLE TURNER Students read a Hawaiian Historical text with the help of Dr. Kuʻuleilani Reyes.



All around Midkiff are different translations of the different genresthat students can borrow. One of them is Hakupuni which translates

"He hū ke 'a'ali'i i ka u pāhili"-

Makakoa Inaba, 11

Meaning: The a'ali'i flower is strong and rooted. It can take any rain or wind. It's a metaphor that my family uses to stay firm in the language and our values.

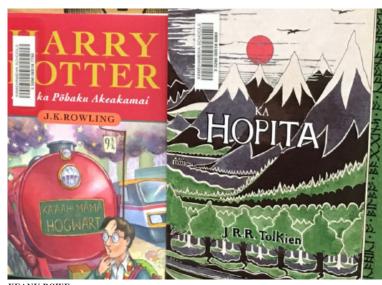
"Kau ka puhi, kau ma loko."

Keolamaupono Sagario, 11

Meaning: Said about the eel, who is slippery. Just like the 'ike of our kupuna which can slip away easily. Therefore you must grasp it, hold it right, and place it in your na'au until it releases all its mana into you.



Here are Just a few of the books relating to Hawaiian Language that can be accessed here in Midkiff within the Hawaiian Pacific Literature Collection.



KEANU ROWE

Among the most anticipated novels that have been in hot demand are the Hawaiian Language translations of Harry Potter and the Sorcerer's Stone and The Hobbit, translated by Keao NeSmith.

8----OPINIONS-----

Speak Out: Kumu Ae'a shares mana'o about Ku'i at Capitol

Marley Samio Staff Reporter

Why is it important for you to bring students to Ku'i at the Capitol?

"I take students to Ku'i at the Capitol because I believe it provides so many opportunities for them to actually do all the things we are preparing them for. While they are here, they interface with the community, meet their leaders and hopefully start making connections with those who are making decisions on our behalf. They have the chance to connect with others through Haloa, our ancestor, and they get to serve the community by helping to make the ku'i events happen."

What are your hopes for Ku'i at the Capitol and What do you want people to take away from this

annual event?

"I also believe that, even

impact our community and Lāhui. I hope that being at the Capitol makes students feel confident in their right

We can have an impact right now."

What differentiates this ve

What differentiates this year from the other years?



though we are living in a time of occupation, we need to know how to be politically present and active. If we wait for America to recognize that we are still an independent nation before we decide to be politically active, that's too late. We need to be present now—and there are a lot of things that we can do to

and ability to interact with our current leaders, and I hope it inspires them to be present not just on the opening day but throughout the year. I also hope that it shows that by working hard and working with the community, THAT is political action as well. So, we don't need to wait until we're 18 to have an impact.

"This year, something I did that was new was put together a scavenger hunt, which we called 'Imi Na'au Hawai'i, with prizes provided by Hui Aloha Aina Momona. The hunt was open to all attending students, and Hawai'i People's Fund helped provide manpower to handle the logistics. There were

SnapChat and QR codes scattered throughout the Capitol and located at Iolani Palace, and students who completed the hunt and turned in a reflection were entered to win prizes like Kumu Cards, sunrise shells, a new pohaku ku'i 'ai, and a pizza party. In recognition of the importance of 'ōlelo Hawai'i, instructions were written in Hawaiian and English for students, and those who completed their entries in Hawaiian received an additional prize entry form."



Uncle Daniel Stands Firm on request for interpreter

Continued from page 2...

Richard Street into the Palace when a private vehicle sped up and blocked him from entering. In an attempt to explain how he had permits, the officer demanded for his license and registration. While on 'Iolani Palace grounds, Uncle Daniel admitted to not having a driver's license. The officer began losing it so Uncle Daniel told him, "Pono kekahi maika'i e kōkua mai maka 'ōlelo Hawai'i" and requested for a Hawaiian speaking officer. Uncle Daniel gave the officer his name in Hawaiian; however, the English-speaking officer convinced the Hawaiian officer to say he refused to give his name. Uncle Daniel persisted to speak only the Hawaiian language even when he was in a jail cell. The officers told him "Even though we know who you are, and we know everything about you, Daniel, we're going to keep you for three days, list you as a John Doe, and say you refused to

give us your information if you don't speak English." Uncle Daniel replied, "Hiki no, mākaukau."

At some point, a Hawaiian officer not in uniform arrived. He asked Uncle Daniel what the problem was and if he knew that they were going to hold him in the cell for three days. Uncle Daniel responded to the sheriff in Hawaiian. The sheriff put his head down with immense disappointment saying "Hawaiian, I'm so sorry. I'm wai-Habut I ian don't speak my language." Uncle Daniel reveals that "the way he said that almost made me cry." He replied to the officer speaking English January 16, saying, "You know uncle, I 2019. no like make pilau to you... but what your officers did Uncle Daniel to me is so hewa and they shares that telling me if I no speak normally

English they going keep

there is no

me here for three days. You know uncle, the longer I'm in here, the worse it is for you guys. I don't know if you saw how many cameras was out there and I know social media is blowing up." Uncle Daniel was released from Keave Sub



accountability for the shernitely a foreign country iffs and officers. However, because we actually have a social media has created a living language that exists form of accountability in today and is used every institutions and government day. We never use it to its agencies especially when full capacity because the it's captured like this. He government prevents it." Uncle Daniel's goal for 'ōlelo Hawaii has always been to raise his children to be better than himself. He says "...For this particular battle I'm not going to pass it down to the next generation. We going win this one in my life time because these guys have no grounds."

He leaves us with this empowering food for thought, "What I'm asking for and what my rights provide for me is not a translator. Do you know why there are translators for the state of Hawai'i? Because you only offer translators for foreign languages. The state of Hawaii has been operating under the guidelines of Hawaiian proficiency ever since 1978. You see the constitution doesn't privy me to an interpreter, it privies me what privies you to a Hawaiian proficient court system."

trying to

provide

justice in

a foreign

country.

We are

defi-



Lei of Words

Shaniya Sakurada Staff Reporter

'Lei of words' began in ka mō'īs 27th volume, the school year 1950-1951. It was written for their bi-weekly newspapers. The article featured works of literature that belonged to teachers, high school students, and even middle schoolers. Works such as poems, short essays, songs, etc.

HAR COMMENTER

We are One"

We are at the point in our culture where we have to be guilted or bribed into learning the mana'o, speaking the language, and even just living a lifestyle where we are proud of our culture.

We need to realized that soon if we don't take things seriously our culture will vanish. The things left unsaid or undone will stay with us forever. We as one hui need to collectively come together and be educated on the fact that our culture is on the verge of extinction and we are the only ones who can change that.

-Mahealani Lewis

HAR COLLEGE

"Laki Nō"

I wasn't privilleged like you, I wasn't able to recieve the 13 plus years of speaking you were blessed with. People like you are Gods to me! And like gods you people act, walking into every 'ōlelo class without the slightest bit of worry in you. Oh, how blessed you are! But how cursed you are as well, with an ego the size of the sun. When walking around, you don't shine your light helpfully on people. You scorch them, burn them to a crisp as if they're not worthy of speaking or even knowing 'ōlelo. I find it funny, you could've been in the same position as me. Instead of helping uplift the lāhui, you make it difficult. Laki nō 'oe... laki nō.

-Makamae Edayan

"Duality"

So duality is a battle that never ends tragic'lly, Trudging on, Budging on, ever moving steadily

Light and Dark, Right and Mis-Marked,

The ones you've come to know, But here's a new one only I can show

I've got a battle that's rattlin' inside my head, In my brain, it's a pain, it haunts me, call it dread An evil weasel lives inside of

the easel of my mind,
That people read and say,
pause "You ain't kind!"

pause "You ain't kind!" But I'm good inside, No Lie, I can prove it

A wolf cries and lies at the back of my brain, It scowles and howls out like a far away train

It's wounded and hurt, Cast into the dirt, blood has spurt
It's my conscience, Left unconscious, Correspondence
To my work.

My life was once so perfect and clean, So pristine

How great my world had been But then a dark day had come and gone, when everything I did went so incredibly wrong

> A duality, Disastrously, Bursting through the door Leaving my troubled mind,

Left behind
A heap on the floor
Right and Left, Now Left and
Right

I fight for the rite to say, "Am I alright?"

And I'm not alright, okay?
My body has gone a bit
shotty, And I can't quite feel the
love from anybody
I'm not dressed, I'm

depressed, Just stay in bed and rest

My teeth are underneath a sheath in my priority list of:

Sleep Eat Game

Strain Treat

And Weep And I haven't cried or sighed myself to sleep, I just sit there

and lie, never counting sheep
It's been six years since I've
seen a tear fall out of my eye
Sometimes when I lie there
I die

-Sean Ferreira

HARAMAN CONTRACTOR

"Kaulike?"

Pehea lā? Mamake 'oe e ola ma lalo o nā kāne? Do you like men having power over you? Do you like being told what to do? Hana kēia, 'ale hiki ke hana kēlā. He wahine 'oe!! Mai hana pēlā. Does that satisfy you? Satisfying them. Always bowing down, trying to make amends. When that time of the month comes, they get fazed cause you're in a phase, "it just creates a lot of haze". So they put you in a house for days. I refuse to be used for this purpose. Like bubbles rising to the surface, e pi'i ana kākou i kēia wā a'e. 'O kākou nā ali'i. 'Oko'a kēia wahi. Don't tell me what I can and can't eat, everyone knows carnivores eat meat. Pipili mau 'ia e ka pī'oe'oe, but i don't plan on bowing down to little boys. They have free range, they can do as they please but paoa ka lawai'a i ka 'ōlelo 'ia o ka 'awa. Don't try again, maybe another manawa.

- Makamae Edayan





Ingredients:

- 1 cup dried boba (Don Quijote, Amazon)
- 1 ½ tbs. of honey
- Jumbo straws

Directions for cooking boba:

- 1: In a large saucepan, bring 8 cups of water to a boil over high heat. Add the pearls and stir gently until they begin to float to the top.
- 2: Turn the heat down to medium and cook for 40 minutes, stirring occasionally.
- 3: Remove from heat, cover, and let sit for another 20 minutes.
- 4: Drain pearls and transfer to a small bowl. Mix in the honey and fully coat. Set aside for 5 minutes.
- 5: Divide the pearls into three tall glasses.

Blended Fruit Boba

- 1 cup of fresh fruit (your choice)
- 1 cup of milk/ almond milk
- 1 tbs. of honey
- 1 cup of ice

Blend fruit, milk, honey, and ice in a blender until smooth. Pour into glass.

Milk Tea:

- 1 cup unsweetened black tea
- ½ cup milk/almond milk
- 1 tbs. of sugar (optional)
- 3-4 ice cubes

Add tea, milk, and ice.



Ingredients:

- 6 ½ Cups of Golden Grahams Cereal
- 4 Tablespoons of Butter
- 1 bag (10 oz) of Mini Marshmallows
- 3 Hershey chocolate bars (1.55 oz)

Instructions:

- 1: Prepare a 9x13 baking dish by spraying with cooking spray or lining with parchment paper or tin foil. Set aside.
- 2: Measure out your golden grahams and place them in a bowl.
- 3: Break chocolate bars into their squares.
- 4: In large pot over medium heat, melt butter and marshmallows together while stirring occasionally.
- 5: Once melted and combined put cereal into the marshmallow mixture and stir until cereal is evenly coated.
- 6: Pour half the mixture into the prepared dish. Spray the back of a metal tablespoon with cooking spray and use it to flatten out the krispie bars. Place half of the chocolate squares on top. Pour the remaining half of cereal mixture on top and use the spoon to flatten out. Gently press the remaining chocolate squares on top.

10 >>>>>>>ARTS AND ENTERTAINMENT >>>>>>

Finding Humor in the Islands: 'Fluffy'

Malia Liashenko Staff Reporter

he well-known comedian Gabriel "Fluffy" Iglesias kicked off his new year with a one-night show on Jan. 5, 2019. People from every corner of the island gathered at the Neal S. Blaisdell Center to welcome Fluffy.

His "One Show Fits All" Tour originally launched on Jan. 26, 2018. After a year-long tour of shows, Iglesias can finally say he made it to Hawai'i. The show was so enticing that even one of our very own faculty members had endless positive things to say about it.

"He's like my brother from another mother. He is sarcastic, he's fluffy, he's funny, and he's Latino," said Alan Vinta, high school English teacher, affectionately called Mr. V. When a show truly enraptures its audience, they can leave

appreciating its entirety. His obsession with the comedian started years ago and the show just furthered

his commitment as a fan. "There was no least favorite part because everything was funny. From the opening acts all the way through Fluffy's entire comedy. I'll tell you the best part was how much he loves Hawai'i and how much he knows about us. His first three jokes were about the rail the ballistic missile asis, and the biggest problems in Hawai'i," said Mr. Iglesias is considered to be one of America's most successful standup comedians and has ar impressive fan base. He also has been featured in the Top 40 Comedy Play of 2018 alongside many well-known comedians. His extensive fan base continues to grow as he finished up his tour. Anyone who enjoys

check out and follow his tour dates.

"When he comes back I will happily go see him again. I'm hoping to maybe get to see him somewhere on the mainland as well. He's that funny," said Mr.



Music of the Month

SHUFFLE PLAY

Mona Lisa VALNTN, Tray Haggerty, Peter

Nights Like This Kehlani feat. Ty Dolla \$ign

The Long Run Mila J, MIGH-X

Younger Ruel

Could've Been H.E.R. feat. Bryson Tiller

Imagine Ariana Grande

Let Me Know Trey Songs

Birdbox Challenge Spreads, Netflix Issues Warning

Gisella Kahapea Staff Reporter

he 2018 Netflix original, *The Birdbox* has been the talk of the film world as of the end of 2018, and it's not just for the plotline; it's what resulted from the movie's release. The movie involves an apocalyptic setting, where an outbreak of monsters now roam the Earth. Thing is, you can't look at them. When you at them, your greatest fears manifest right before your eyes. In turn, when characters in the movie were exposed to seeing their greatest fears, it induced them to do everything possible to kill themselves. Solution: wear a blindfold.

Now looking at the context of this movie and why the characters had to wear a blindfold to survive, you could say that's reasonable. But, in real life, where there are no life-threatening monsters, we don't need to wear a blindfold right? We don't need too, but some individuals have expressed the want to and make it into a challenge. And thus, The Birdbox challenge was born.

When the videos of the challenge first started to surface the internet, they were pretty mild and harmless. Most of them just included friends trying to find things whilst blindfolded. The only real danger was if they bumped into each other or things on accident.

comedic scenarios shoul

To some people, this wasn't enough. Videos of people trying to drive or operate machinery while doing this challenge surged in popularity as people couldn't believe the amount of danger some individuals would put themselves in for some internet fad. It became so worrisome that Netflix put out an official statement asking people to not do dangerous things based on what they saw in the film.

A recent chapel service had junior volunteers participate in a blindfold challenge; however, unlike recend social media trends, juniors but their faith to a test-this time with a help of a friend and the Lord.







Students partcipated in a simulated birdbox challenge during chapel last week. Unlike the periloous behaviors spreading throughout social media, KS students exercised the blindfold challenge as demonstration of faith.

Girls Soccer Team Wins State Title



The Varsity Kamehameha Girls Soccer Team celebrates after winning the 2019 State Championship against Campbell in the Waipio Soccer Complex Stadium.

THE ROAD TO THE CHAMPION

AFTER WINNING THE ILH CHAMPIONSHIP, THE VARSITY GIRLS WON THREE GAMES IN THREE DAYS TO RETURN THE KOA TROPHY BACK TO THE HILL.





Maya Hagiwara ('20) - Hat Trick

SEMIFINALS Kamehameha - 6, Kekaulike - 0



Kalia Kalua ('20) - Hat Trick

CHAMPIONSHIP Kamehameha - 1, Campbell - 0



Leah Feato ('19) - Goal 34'

Boys Paddling Team Beats Punahou To Win States



The Varsity Kamehameha Boys Paddling Team raises the Koa Trophy after defeating Punahou at Keehi Lagoon.

Colt Almodova

Sports Editor

title or another crushing loss from their rival. to Punahou.

throughout they year and and Puns crossing at 3:46.44. finishing in second place in of Kapālama Heights had

Thirty-two Seconds. The the state tournament circled ... difference between the state a chance to steal a Koa Trophy

Saturday, Feb. 2. Keehi The 2019 ILH regular Lagoon. The race was close the season for the boys varsity 1 whole way but after a wide turn paddling team saw themselves cost the Buff'n'Blu the lead, the chasing after shades of Warriors took advantage and blue and yellow. Without never looked back. KS crossing being able to beat Punahou the finish line in 3:46.12 and the

First place for the first time the ILH standings, the boys all season...at just the right time.

ILH Basketball Receives Another State Berth ... For Now

Colt Almodova

Sports Editor

For the first time since 2012, the Interscholastic League of Honolulu (ILH) will send three teams to the Hawaii High School Athletic Association (HHSAA) Boys Division-I State Basketball Championship.

The ILH has dominated boys state basketball for over a decade, having won 14 division-I state championships since 2002. However, for a league that has reigned supreme, it has been underrepresented in the state championship postseason in recent years. The HHSAA grants league participation berths to the postseason based on a mathematical formula, and with the ILH only having six teams in its league since 2013, it was unable to claim more than two berths to the division-I state championship bracket.

For the 2018-19 season, the ILH added one more team to division-I, Saint Francis School. The addition of Saint Francis has allowed the ILH to receive a third berth in the boys basketball postseason this February. The first place team from the ILH regular season will receive an automatic berth and a bye, and two other teams from the ILH tournament will also receive a

As a result of this addition for the ILH, it also resulted



Kamehameha's Skyler Ramos ('20) pulls up for a shot in a preseason game against Kalani.

in a significant change in Togiai, starting point-guard on the overall state tournament, stripping a berth from the OIA, resulting in their participation berth may not last for long. On going from six to five teams. For the Kamehameha Varsity team, they are aiming to reach the postseason for the first time since 2012, and with this additional berth, it has served as the team's driving force throughout the season.

"I feel like the third spot has motivated our team to work even harder because we have more confidence that we could make states. In years before we only had two spots and we were a little discouraged because the competition in the ILH is season has been filled with unmatched in the rest of the ups and downs, going 3-9 in state," said junior Christmas

the varsity squad.

However, this additional Jan. 7, it was announced that Saint Francis School in Mānoa would no longer be having a grade 7-12 after this school year, and warned of a possible complete school closure. As a result, the new berth that was added to the ILH may not last more than a year unless another ILH division-II team joins division-I. For the ILH, the future of three teams in states could become non-existent in the coming seasons.

For the Warrior boys, this the ILH and 14-13 overall on

the year. Although, it has been a tough stretch for the team, they believe that they have only gotten stronger heading into the ILH tournament.

"Even though our record doesn't show it, I feel like we've grown a lot as a team. There is still the ILH playoffs that we need to prepare for so I am excited to see how we are going to bounce back," said Togiai.

The ILH Boys Division-I Basketball Tournament will be held from Feb. 7 through Feb. 11 with any tiebreakers held on Feb. 13. The opening game for the Warriors in the tournament will be on the road against

FALL SEASON

Punahou on Feb. 7 at 6:30 pm.

The following week, the HHSAA Boys Division-I Basketball State Championship Tournament tips off on Feb. 18, with the championship game being held on Feb. 23 at Stan Sheriff Center. Select games from the ILH tournament and the HHSAA state tournament will be televised on Spectrum OC16.

Kamehameha last won the state championship in 2011 and 2009. Will this be the season the boys of Kapālama Heights rise back to the top or the season that 'could have been'?

WINTER SEASON

ATHLETE FOCUS: 'CHRISTMAS TIME'

Christmas Togiai ('20) Is A Dual-Sport Threat **Point-Guard**



12 --- --- --- SPORTS ------

KS Players Experience Bowl With Polynesian Brothers



From left to right: Lokahi Pauole, Tiger Peterson, Coach Abu Ma'afala, Hoku Arias and Kupono Blake celebrate the Polynesian experience.

Reino Bush Staff Reporter

On Jan. 19, 2019, the Polynesian Bowl was played at Aloha Stadium. Here some of the world's finest high school athletes came together to honor their Polynesian roots and play the game they love.

The Polynesian Bowl game is held annually during the week of the Polynesian football Hall of Fame enrichment week. The Ambassadors of the Polynesian Bowl game are former and current NFL players, Michael Bennett, DeForest Buckner, Marcus Mariota, Haloti Ngata, Danny Shelton, JuJu Smith-Schuster and Ronnie Stanley.

This year, several KS

football players were given the opportunity to showcase their talents against some of the best high school Polynesian players.

According to Tiger Peterson, "That week was fun especially hanging with the boys and relaxing. We all got to meet new guys and see different competition. We also did stuff like go to PCC, we went to the beach, and we also went to the Children's Hospital to meet some of the kids."

The Polynesia Bowl offered students the unique opportunity to play with Mainland athletes and see the varying levels of athleticism.

Peterson said with a smile, "The energy was different because there were so many high caliber athletes and we had to compete a lot during practices. A lot of the Mainland boys were really high energy and the Poly kids were more laid back. Seeing that come together was pretty cool."

New friendships and high level competition were prevalent themes. Lokahi Pauole said, "I was looking forward to meeting and playing with a bunch of guys from across the country who also came from Polynesian decent. Another thing I was looking forward to was playing amongst the best high school players in the nation."

In addition to the invaluable sports opportunity for the Kamehameha football players, this experience it is

also crucial for Polynesian culture.

According to Kupono Blake, "The Poly Bowl was important to me because we got to share our culture with other players from around the world that had no idea of our history. It was also another opportunity for us to show what Hawaii football is all about and showcasing our talents against the best of the best."

According to Blake, this was a great opportunity for Polynesian athletes nationwide to compete and forge new relationships with fellow players. This experience will also hold a special place in the hearts of the football boys. "The bus rides, cruising the Waikiki strip and banging heads with each other allowed us

to make those memories that will last a lifetime," Blake said.



"The energy
was different
because there
were so many
high caliber
athletes and we
had to compete
a lot during
practices."

Tiger Peterson, 12



Lady Warriors Lose Controversial Championship

Ka Moi Staff

"To play or not to play?"
That's the question that haunted officials at the conclusion of the Division 1 Girls Basketball State Championship between Kamehameha and Iolani for nearly 5 minutes. As the plot thickened: shot was good; add four minutes; wrong clock; instant replay....the night and season for the Lady warriors suddenly came to an abrupt end.

Like a Shakespearean tragedy, the championship game left the KS audience in tears, bewildered when the scoreboard read: Iolani 52, Kamehameha 49. Surely, there was no death, but the grief was real, especially because of the emotional roller coaster that spectators were forced to ride.

The ride began in the final 16 seconds of the game. After the Warriors exited from their timeout, it was apparent that they would work for the

final shot, a three-point attempt to tie the game and send it into overtime. "It was a no brainer," thought the KS crowd, anxiously awaiting for Kalina Obrey, the Warrior star who was coming off a record-breaking 38 point performance the night before, to take the final shot. But the pesky Raider defense denied Obrey the ball which forced Haley Masaki to take the three pointer which was a bit short. But a Malie Marfil rebound gave the Warriors another chance. Somehow in a sea of red, the Warriors delivered the ball to Obrey who was 29 feet away from sending the game in to overtime. Obrey, who said she was only "focused on the basket," released her shot which was all net as the game buzzer sounded. Preliminary signals from the officials indicated that Obrey's shot was good, and the Warriors were headed into overtime. Then the scariest

segment of the roller coaster ride continued. Seemingly for eternity.

After viewing the monitor the first time, the lead official concurred with her partner that the shot was good and apparently asked for four minutes on the game clock, an indication that the championship game was headed to overtime. Meanwhile the Warrior bench and crowd continued their frenetic celebration acting as if a miracle had just occurred within the Stan Sheriff. Across the way, the Raiders were somewhat subdued, asking themselves how Obrey's shot was good when they had observed the red light flash (signaling that time had expired) before Obrey released the ball. As time passed, jubilance waned in the KS bleachers as many convinced themselves that Obrey's shot should have been good as .1 seconds remained on a second game clock. Suddenly the 4 minutes on the clock vanished. The head official then summoned both coaches. In a matter of a few seconds, Iolani Head Coach Dean Young raised arms; First-year Head Coach Pua Straight dejectedly walked to her bench.

The ride was over. Iolani was declared the official

winner. Obrey's shot was invalidated. According to officials, a scrutinized replay in slow motion showed that time had expired before Obrey released the ball.

To Be: Iolani 52, Kamehameha 49. A Modern Shakespearean Tragedy in its own right.



Senior Kalina Obrey, whose 38 points against Kalani set a new state record, almost pulled off the miracle shot agaist Iolani.